FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
	or Section 20/h) of the Investment Company Act of 1040

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Ahmad Shahraab					2. Issuer Name and Ticker or Trading Symbol Atlantic Coastal Acquisition Corp. II [ACAB]] (Chec	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner							
(Last) 49 CATH						3. Date of Earliest Transaction (Month/Day/Year) 04/18/2023									X Officer (give title Other (specify below) Chairman and CEO						
(Street)	N X	X0 SW10 9JE			_ 4	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person X Form filed by More than One Reporting Person						
(City)	(5	state)	(Zip)	Chec				Ile 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
Table I - Non-Deriv 1. Title of Security (Instr. 3) 2. Transa Date (Month/D			ınsacti	2A. Deemed Execution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a			A) or	5. Amount of		6. Own Form: (D) or I (I) (Inst	Direct Indirect tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
Series A	Series A Common Stock, par value \$0.0001 per		04/	/18/20	8/2023		Code M ⁽¹⁾	V	7,199,9	(1	(A) or (D) Pri		Transaction (Instr. 3 and 7,199,	saction(s)			See Footnote ⁽²⁾				
Table II - Derivative Se (e.g., puts, ca														wned		<u> </u>					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Conversion Date (Month/Day/Year) Price of Derivative		te,	4. Transaction Code (Instr.		5. Number of Derivative		6. Date Exercisab Expiration Date (Month/Day/Year)		able and 7. Title Securi		tle and Amount of urities Underlying vative Security r. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership t (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisal		expiration Date	Title	Nι	mount or umber of nares		Transaction(s) (Instr. 4)					
Series B Common Stock, par value \$0.0001 per share	(3)	04/18/2023			M ⁽¹⁾			7,199,999	(3)		(3)	Series Commo Stock par val \$0.000 per sha	on 7,	199,999	(3)	1	-	I	See Footnote ⁽²⁾		
	nd Address of Shahraal	Reporting Person*	,															•	•		
(Last) 49 CATH	ICART RO	(First)	(Middle	e)																	
(Street)	N	X0	SW10	0 9JE																	
(City) (State) (Zip)																					
		Reporting Person* Acquisition 1	<u>Manageme</u>	ent I	I LL	<u>.C</u>															
(Last) (First) (Middle) 6 ST JOHNS LANE, FLOOR 5																					
(Street) NEW YO	ORK	NY	10013	3																	

Explanation of Responses:

(State)

(Zip)

- 1. On April 18, 2023 the Reporting Person elected to exercise their right to convert 7,199,999 shares of Series B Common Stock into 7,199,999 shares of Series A Common Stock.
- 2. Atlantic Coastal Acquisition Management II LLC is the record holder of the securities reported herein. Shahraab Ahmad is the managing member of Atlantic Coastal Acquisition Management II LLC and has sole voting and investment discretion with respect to the securities held of record by Atlantic Coastal Acquisition Management II LLC. Mr. Ahmad disclaims any beneficial ownership of the securities held by Atlantic Coastal Acquisition Management II LLC.
- 3. The Series B Common Stock are convertible into the Issuer's Series A Common Stock on a one-for-one basis, subject to adjustment pursuant to certain anti-dilution rights, as described under the heading "Description of Securities-Common Stock" in the Issuer's registration statement on Form S-1 (File No. 333-261459) and the Issuer's DEF 14A filed March 20th, 2023 and have no expiration date.

Remarks:

(City)

Shahraab Ahmad, Managing Member

By: /s/ Shahraab Ahmad

04/19/2023 ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.